

Nordic Walking Wielka Siódemka Barlinecka
WYNIKI ZAWODÓW / RESULTS LIST

OPEN 5km

Organizator: Barlinecki Ośrodek Kultury, Burmistrz Barlinka, Polska Federacja Nordic Walking.

Data: 1 maja 2010

Miejsce/Spot: Barlinek

Distance: 5km

| <i>Miejsce</i> <i>Rank</i> | <i>Nr</i> <i>Bib</i> | <i>Nazwisko i imię</i> <i>Name</i> | <i>R-k</i> <i>YoB</i> | <i>W kategorii</i> <i>in Age</i> | <i>Grupy</i> <i>Group</i> | <i>Sex</i> | <i>Wynik</i> <i>Time</i> | <i>Wynik</i> <i>Netto [km/h]</i> | <i>2,5km</i> <i>12,5km</i> | <i>Check points</i> <i>5km</i> <i>15km</i> | <i>7,5km</i> | <i>10km</i> | |
|-------------------------------|-------------------------|---------------------------------------|--------------------------|-------------------------------------|------------------------------|------------|-----------------------------|-------------------------------------|-------------------------------|--|----------------------|-------------|--|
| 1 | 39 | CZARNECKI ANDRZEJ | 80 | M30/1 | | (M)1 | 00:31:17 | 00:31:09 | 9.63 | 00:15:32 / 1 [9.66] | 00:31:17 / 1 [9.59] | | |
| 2 | 266 | MARCINIAK KRZYSZTOF | 88 | SE_M/1 | | (M)2 | 00:32:18 | 00:32:18 | 9.29 | 00:16:05 / 2 [9.33] | 00:32:18 / 2 [9.29] | | |
| 3 | 69 | WIDERKIEWICZ DAMIAN | 91 | SE_M/2 | | (M)3 | 00:32:36 | 00:32:33 | 9.22 | 00:16:37 / 4 [9.03] | 00:32:36 / 3 [9.20] | | |
| 4 | 251 | SCHUPKE PIOTR | 84 | SE_M/3 | | (M)4 | 00:32:50 | 00:32:46 | 9.16 | 00:16:36 / 3 [9.04] | 00:32:50 / 4 [9.14] | | |
| 5 | 264 | MARCINIAK ROMUALD | 65 | M40/1 | | (M)5 | 00:34:19 | 00:34:15 | 8.76 | 00:17:07 / 5 [8.76] | 00:34:19 / 5 [8.74] | | |
| 6 | 70 | WIDERKIEWICZ MATEUSZ | 94 | JU_M/1 | | (M)6 | 00:35:06 | 00:35:03 | 8.56 | 00:18:02 / 6 [8.32] | 00:35:06 / 6 [8.55] | | |
| 7 | 272 | GLISZCZYŃSKI WOJTEK | 93 | JU_M/2 | | (M)7 | 00:35:07 | 00:35:04 | 8.56 | 00:18:02 / 7 [8.32] | 00:35:07 / 7 [8.54] | | |
| 8 | 249 | SCHUPKE-LUCZAK MIROSLAWA | 78 | K30/1 | | (K)1 | 00:35:51 | 00:35:43 | 8.40 | 00:18:09 / 8 [8.26] | 00:35:51 / 8 [8.37] | | |
| 9 | 260 | BON-PANTKOWSKA ALDONA | 69 | K40/1 | | (K)2 | 00:35:54 | 00:35:44 | 8.40 | 00:18:26 / 9 [8.14] | 00:35:54 / 9 [8.36] | | |
| 10 | 274 | CURTH THOMAS | 90 | SE_M/4 | | (M)8 | 00:36:19 | 00:36:10 | 8.29 | 00:18:56 / 16 [7.92] | 00:36:19 / 10 [8.26] | | |
| 11 | 271 | KOZAK EWA | 74 | K30/2 | | (K)3 | 00:36:48 | 00:36:39 | 8.19 | 00:18:38 / 11 [8.05] | 00:36:48 / 11 [8.15] | | |
| 12 | 72 | ŚLIWIŃSKI MARCIN | 80 | M30/2 | | (M)9 | 00:36:48 | 00:36:41 | 8.18 | 00:18:33 / 10 [8.09] | 00:36:48 / 12 [8.15] | | |
| 13 | 297 | KAMIŃSKA DOMINIKA | 97 | DZ/1 | | (K)4 | 00:36:52 | 00:36:40 | 8.18 | 00:18:53 / 13 [7.94] | 00:36:52 / 13 [8.14] | | |
| 14 | 71 | HILLE-JARZĄBEK SYLWIA | 73 | K30/3 | | (K)5 | 00:36:53 | 00:36:44 | 8.17 | 00:18:42 / 12 [8.02] | 00:36:53 / 14 [8.13] | | |
| 15 | 268 | OKONEK IWONA | 64 | K40/2 | | (K)6 | 00:37:14 | 00:37:04 | 8.09 | 00:18:53 / 14 [7.94] | 00:37:14 / 15 [8.06] | | |
| 16 | 67 | DĄBSKA MAGDALENA | 74 | K30/4 | | (K)7 | 00:37:17 | 00:37:17 | 8.05 | | 00:37:17 / 16 [8.05] | | |
| 17 | 269 | KOZAK PAWEŁ | 01 | CHL/1 | | (M)10 | 00:37:22 | 00:37:18 | 8.04 | 00:18:56 / 15 [7.92] | 00:37:22 / 17 [8.03] | | |

| Miejsce Rank | Nr Bib | Nazwisko i imię Name | R-k YoB | W kategorii in Age | Grupy Group | Sex | Wynik Time | Wynik Netto [km/h] | 2,5km 12,5km | Check points | |
|-----------------|-----------|-------------------------|------------|-----------------------|----------------|-------|---------------|-----------------------|-----------------|----------------------|----------------------|
| | | | | | | | | | | 5km | 15km |
| 18 | 235 | DZIEKOŃSKI SEBASTIAN | 97 | CHL/2 | | (M)11 | 00:37:24 | 00:37:19 | 8.04 | 00:19:09 / 20 [7.83] | 00:37:24 / 18 [8.02] |
| 19 | 238 | WASILEWSKI KRYSZTYAN | 97 | CHL/3 | | (M)12 | 00:37:29 | 00:37:23 | 8.02 | 00:19:01 / 17 [7.89] | 00:37:29 / 19 [8.00] |
| 20 | 229 | PRZENIOSŁO NIKOLA | 97 | DZI/2 | | (K)8 | 00:37:33 | 00:37:19 | 8.04 | 00:19:03 / 18 [7.87] | 00:37:33 / 20 [7.99] |
| 21 | 250 | ANTCZAK ALEKSANDRA | 96 | JU_K/1 | | (K)9 | 00:37:36 | 00:37:16 | 8.05 | 00:19:18 / 23 [7.77] | 00:37:36 / 21 [7.98] |
| 22 | 237 | KOLASIŃSKA JUSTYNA | 97 | DZI/3 | | (K)10 | 00:37:37 | 00:37:25 | 8.02 | 00:19:20 / 24 [7.76] | 00:37:37 / 22 [7.98] |
| 23 | 248 | SCHUPKE STANISŁAW | 52 | M50/1 | | (M)13 | 00:37:38 | 00:37:35 | 7.98 | 00:19:06 / 19 [7.85] | 00:37:38 / 23 [7.97] |
| 24 | 280 | DR. BLOHM ECKHARD | 50 | M60/1 | | (M)14 | 00:37:41 | 00:37:33 | 7.99 | 00:19:33 / 28 [7.67] | 00:37:41 / 24 [7.96] |
| 25 | 241 | JANUSZ JUSTYNA | 97 | DZI/4 | | (K)11 | 00:37:44 | 00:37:44 | 7.95 | | 00:37:44 / 25 [7.95] |
| 26 | 68 | WIDERKIEWICZ IWONA | 68 | K40/3 | | (K)12 | 00:37:51 | 00:37:39 | 7.97 | 00:19:29 / 27 [7.70] | 00:37:51 / 26 [7.93] |
| 27 | 202 | RAKOCZY PAWEŁ | 66 | M40/2 | | (M)15 | 00:37:53 | 00:37:50 | 7.93 | 00:19:10 / 21 [7.83] | 00:37:53 / 27 [7.92] |
| 28 | 206 | BOCZAR KLAUDIA | 96 | JU_K/2 | | (K)13 | 00:38:12 | 00:37:52 | 7.92 | 00:19:23 / 25 [7.74] | 00:38:12 / 28 [7.85] |
| 29 | 40 | WITKOWSKI MARCIN | 77 | M30/3 | | (M)16 | 00:38:21 | 00:38:16 | 7.84 | 00:19:49 / 31 [7.57] | 00:38:21 / 29 [7.82] |
| 30 | 207 | TORENC MAŁGORZATA | 70 | K40/4 | | (K)14 | 00:38:23 | 00:38:03 | 7.88 | 00:19:45 / 30 [7.59] | 00:38:23 / 30 [7.82] |
| 31 | 232 | GARBOLIŃSKI MACIEJ | 97 | CHL/4 | | (M)17 | 00:38:51 | 00:38:44 | 7.75 | 00:19:11 / 22 [7.82] | 00:38:51 / 31 [7.72] |
| 32 | 230 | SULIKOWSKA KAMILA | 97 | DZI/5 | | (K)15 | 00:39:01 | 00:38:46 | 7.74 | 00:20:09 / 34 [7.44] | 00:39:01 / 32 [7.69] |
| 33 | 51 | RADKO MAGDALENA | 69 | K40/5 | | (K)16 | 00:39:02 | 00:38:55 | 7.71 | 00:19:33 / 29 [7.67] | 00:39:02 / 33 [7.69] |
| 34 | 244 | RUDNICKA NATALIA | 97 | DZI/6 | | (K)17 | 00:39:02 | 00:38:47 | 7.74 | 00:20:09 / 33 [7.44] | 00:39:02 / 34 [7.69] |
| 35 | 201 | CISOWSKA KATARZYNA | 99 | DZI/7 | | (K)18 | 00:39:24 | 00:39:12 | 7.65 | 00:19:24 / 26 [7.73] | 00:39:24 / 35 [7.61] |
| 36 | 27 | KULETA NATALIA | 99 | DZI/8 | | (K)19 | 00:39:24 | 00:39:12 | 7.65 | 00:20:10 / 35 [7.44] | 00:39:24 / 36 [7.61] |
| 37 | 240 | KUKIEŁKA JOANNA | 97 | DZI/9 | | (K)20 | 00:39:34 | 00:39:21 | 7.62 | 00:20:31 / 42 [7.31] | 00:39:34 / 37 [7.58] |
| 38 | 282 | SIEMIANOWSKI JAN | 99 | CHL/5 | | (M)18 | 00:39:49 | 00:39:45 | 7.55 | 00:20:15 / 36 [7.41] | 00:39:49 / 38 [7.53] |
| 39 | 233 | BABIJ SEWERYN | 97 | CHL/6 | | (M)19 | 00:39:51 | 00:39:45 | 7.55 | 00:20:16 / 37 [7.40] | 00:39:51 / 39 [7.53] |
| 40 | 228 | MIŚKO AGNIESZKA | 77 | K30/5 | | (K)21 | 00:39:54 | 00:39:36 | 7.58 | 00:20:17 / 38 [7.40] | 00:39:54 / 40 [7.52] |

| Miejsce Rank | Nr Bib | Nazwisko i imię Name | R-k YoB | W kategorii in Age | Grupy Group | Sex | Wynik Time | Wynik Netto [km/h] | 2,5km 12,5km | Check points | |
|-----------------|-----------|----------------------------|------------|-----------------------|----------------|-------|---------------|-----------------------|-----------------|----------------------|----------------------|
| | | | | | | | | | | 5km | 15km |
| 41 | 20 | JAKUBOWSKA TERESA | 58 | K50/1 | | (K)22 | 00:40:11 | 00:40:00 | 7.50 | 00:20:31 / 41 [7.31] | 00:40:11 / 41 [7.47] |
| 42 | 19 | KOZAR MICHAŁ | 98 | CHL/7 | | (M)20 | 00:40:42 | 00:40:36 | 7.39 | 00:20:23 / 39 [7.36] | 00:40:42 / 42 [7.37] |
| 43 | 239 | WIERASZKO JAKUB | 97 | CHL/8 | | (M)21 | 00:40:42 | 00:40:34 | 7.40 | 00:21:13 / 55 [7.07] | 00:40:42 / 43 [7.37] |
| 44 | 234 | RUBACHA SZYMON | 97 | CHL/9 | | (M)22 | 00:40:50 | 00:40:42 | 7.37 | 00:21:12 / 54 [7.08] | 00:40:50 / 44 [7.35] |
| 45 | 300 | STANISZ KAROLINA | 98 | DZI/10 | | (K)23 | 00:40:52 | 00:40:28 | 7.41 | 00:20:24 / 40 [7.35] | 00:40:52 / 45 [7.34] |
| 46 | 223 | SZATKOWSKI TOMASZ | 95 | JU_M/3 | | (M)23 | 00:40:52 | 00:40:44 | 7.36 | 00:20:34 / 44 [7.29] | 00:40:52 / 46 [7.34] |
| 47 | 220 | GRYGORCEWICZ KONRAD | 95 | JU_M/4 | | (M)24 | 00:40:53 | 00:40:45 | 7.36 | 00:20:34 / 45 [7.29] | 00:40:53 / 47 [7.34] |
| 48 | 261 | NOWACZYK-SOLETA ALEKSANDRA | 10 | | | (K)24 | 00:41:00 | 00:40:51 | 7.34 | 00:21:19 / 57 [7.04] | 00:41:00 / 48 [7.32] |
| 49 | 211 | SOLAN DAMIAN | 99 | CHL/10 | | (M)25 | 00:41:03 | 00:40:58 | 7.32 | 00:19:52 / 32 [7.55] | 00:41:03 / 49 [7.31] |
| 50 | 298 | DEMBIŃSKA ZOFIA | 48 | K60/1 | | (K)25 | 00:41:05 | 00:40:56 | 7.33 | 00:20:33 / 43 [7.30] | 00:41:05 / 50 [7.30] |
| 51 | 227 | KULIGOWSKA AGATA | 67 | K40/6 | | (K)26 | 00:41:17 | 00:41:00 | 7.32 | 00:21:19 / 58 [7.04] | 00:41:17 / 51 [7.27] |
| 52 | 273 | BRZEZINA EWA | 61 | K40/7 | | (K)27 | 00:41:17 | 00:40:57 | 7.33 | 00:21:34 / 63 [6.96] | 00:41:17 / 52 [7.27] |
| 53 | 242 | ŁODYGOWSKA MARTA | 97 | DZI/11 | | (K)28 | 00:41:22 | 00:41:09 | 7.29 | 00:20:43 / 47 [7.24] | 00:41:22 / 53 [7.25] |
| 54 | 3 | WIŚNIAK KINGA | 97 | DZI/12 | | (K)29 | 00:41:28 | 00:41:15 | 7.27 | 00:21:02 / 50 [7.13] | 00:41:28 / 54 [7.23] |
| 55 | 4 | GUDAJCZYK ALICJA | 97 | DZI/13 | | (K)30 | 00:41:28 | 00:41:15 | 7.27 | 00:21:02 / 51 [7.13] | 00:41:28 / 55 [7.23] |
| 56 | 236 | MUSIAŁOWSKA DARIA | 97 | DZI/14 | | (K)31 | 00:41:29 | 00:41:18 | 7.26 | 00:20:45 / 49 [7.23] | 00:41:29 / 56 [7.23] |
| 57 | 13 | JAŃCZAK WOJCIECH | 99 | CHL/11 | | (M)26 | 00:41:33 | 00:41:28 | 7.23 | 00:20:44 / 48 [7.23] | 00:41:33 / 57 [7.22] |
| 58 | 16 | NOWAKOWSKI ADAM | 99 | CHL/12 | | (M)27 | 00:41:44 | 00:41:34 | 7.22 | 00:20:39 / 46 [7.26] | 00:41:44 / 58 [7.19] |
| 59 | 275 | SPLETTER MARIA | 91 | SE_K/1 | | (K)32 | 00:41:59 | 00:41:39 | 7.20 | 00:21:53 / 66 [6.85] | 00:41:59 / 59 [7.15] |
| 60 | 265 | MARCINIAK KATARZYNA | 68 | K40/8 | | (K)33 | 00:42:07 | 00:41:57 | 7.15 | 00:21:09 / 52 [7.09] | 00:42:07 / 60 [7.12] |
| 61 | 252 | SZMIEL ROKSANA | 99 | DZI/15 | | (K)34 | 00:42:09 | 00:41:44 | 7.19 | 00:21:34 / 64 [6.96] | 00:42:09 / 61 [7.12] |
| 62 | 28 | FATYGA ALICJA | 99 | DZI/16 | | (K)35 | 00:42:09 | 00:41:56 | 7.15 | 00:21:18 / 56 [7.04] | 00:42:09 / 62 [7.12] |
| 63 | 215 | ŁASKIEWICZ ELIZA | 95 | JU_K/3 | | (K)36 | 00:42:10 | 00:41:53 | 7.16 | 00:21:45 / 65 [6.90] | 00:42:10 / 63 [7.11] |

| Miejsce Rank | Nr Bib | Nazwisko i imię Name | R-k YoB | W kategorii in Age | Grupy Group | Sex | Wynik Time | Wynik Netto [km/h] | 2,5km 12,5km | Check points 5km 15km | 7,5km | 10km |
|-------------------------|-------------------|----------------------------------|--------------------|-------------------------------|------------------------|------------|-----------------------|-------------------------------|-------------------------|--------------------------------------|----------------------|-------------|
| 64 | 15 | TYLKA MATEUSZ | 99 | CHL/13 | | (M)28 | 00:42:10 | 00:42:04 | 7.13 | 00:21:12 / 53 [7.08] | 00:42:10 / 64 [7.11] | |
| 65 | 226 | BUNDA ALEKSANDRA | 94 | JU_K/4 | | (K)37 | 00:42:16 | 00:41:59 | 7.15 | 00:21:28 / 60 [6.99] | 00:42:16 / 65 [7.10] | |
| 66 | 45 | KOSTRZEWSKA KAROLINA | 79 | K30/6 | | (K)38 | 00:42:19 | 00:42:00 | 7.14 | 00:22:01 / 67 [6.81] | 00:42:19 / 66 [7.09] | |
| 67 | 224 | WILK KAROLINA | 94 | JU_K/5 | | (K)39 | 00:42:20 | 00:42:04 | 7.13 | 00:21:29 / 61 [6.98] | 00:42:20 / 67 [7.09] | |
| 68 | 7 | BIALECKI DAWID | 99 | CHL/14 | | (M)29 | 00:42:32 | 00:42:27 | 7.07 | 00:21:25 / 59 [7.00] | 00:42:32 / 68 [7.05] | |
| 69 | 259 | JUSZCZAK KATARZYNA | 65 | K40/9 | | (K)40 | 00:42:59 | 00:42:48 | 7.01 | 00:22:08 / 69 [6.78] | 00:42:59 / 69 [6.98] | |
| 70 | 32 | SOCHA ANNA | 98 | DZI/17 | | (K)41 | 00:43:04 | 00:42:48 | 7.01 | 00:22:54 / 76 [6.55] | 00:43:04 / 70 [6.97] | |
| 71 | 225 | EGIER ERYK | 95 | JU_M/5 | | (M)30 | 00:43:31 | 00:43:25 | 6.91 | 00:21:33 / 62 [6.96] | 00:43:31 / 71 [6.89] | |
| 72 | 262 | GNIATCZYK- SZARSZEWSKA KATARZYNA | 66 | K40/10 | | (K)42 | 00:43:36 | 00:43:25 | 6.91 | 00:22:06 / 68 [6.79] | 00:43:36 / 72 [6.88] | |
| 73 | 270 | KOZAK GRZEGORZ | 87 | SE_M/5 | | (M)31 | 00:43:40 | 00:43:36 | 6.88 | 00:22:20 / 70 [6.72] | 00:43:40 / 73 [6.87] | |
| 74 | 21 | JADACH MAGDALENA | 98 | DZI/18 | | (K)43 | 00:43:41 | 00:43:26 | 6.91 | 00:22:54 / 77 [6.55] | 00:43:41 / 74 [6.87] | |
| 75 | 23 | KNIAŹ MAGDALENA | 98 | DZI/19 | | (K)44 | 00:43:42 | 00:43:27 | 6.90 | 00:22:36 / 72 [6.64] | 00:43:42 / 75 [6.86] | |
| 76 | 34 | GORBAT ALICJA | 61 | K40/11 | | (K)45 | 00:43:59 | 00:43:59 | 6.82 | 00:22:27 / 71 [6.68] | 00:43:59 / 76 [6.82] | |
| 77 | 290 | ŁASTOWSKA HENRYKA | 64 | K40/12 | | (K)46 | 00:44:09 | 00:43:48 | 6.85 | 00:22:43 / 74 [6.60] | 00:44:09 / 77 [6.80] | |
| 78 | 291 | LUBOŚNA RENATA | 60 | K50/2 | | (K)47 | 00:44:09 | 00:43:48 | 6.85 | 00:22:42 / 73 [6.61] | 00:44:09 / 78 [6.80] | |
| 79 | 30 | BRĄSZKIEWICZ OLGA | 98 | DZI/20 | | (K)48 | 00:44:25 | 00:44:00 | 6.82 | 00:23:01 / 81 [6.52] | 00:44:25 / 79 [6.75] | |
| 80 | 33 | MARGIELEWICZ MAJA | 98 | DZI/21 | | (K)49 | 00:44:25 | 00:44:00 | 6.82 | 00:22:59 / 78 [6.53] | 00:44:25 / 80 [6.75] | |
| 81 | 293 | DĄBROWSKA BARBARA | 51 | K50/3 | | (K)50 | 00:44:31 | 00:44:20 | 6.77 | 00:23:00 / 80 [6.52] | 00:44:31 / 81 [6.74] | |
| 82 | 246 | RUDNICKA BOŻENA | 59 | K50/4 | | (K)51 | 00:44:33 | 00:44:19 | 6.77 | 00:23:20 / 91 [6.43] | 00:44:33 / 82 [6.73] | |
| 83 | 286 | KULCZEWSKA BOŻENA | 50 | K60/2 | | (K)52 | 00:44:40 | 00:44:20 | 6.77 | 00:23:20 / 90 [6.43] | 00:44:40 / 83 [6.72] | |
| 84 | 289 | CEPIK ELIZA | 99 | DZI/22 | | (K)53 | 00:44:42 | 00:44:17 | 6.77 | 00:22:59 / 79 [6.53] | 00:44:42 / 84 [6.71] | |
| 85 | 247 | ROSENKIEWICZ PIOTR | 62 | M40/3 | | (M)32 | 00:44:55 | 00:44:46 | 6.70 | 00:23:05 / 84 [6.50] | 00:44:55 / 85 [6.68] | |
| 86 | 66 | KASPRZAK MAGDALENA | 74 | K30/7 | | (K)54 | 00:44:58 | 00:44:39 | 6.72 | 00:23:17 / 89 [6.44] | 00:44:58 / 86 [6.67] | |

| Miejsce Rank | Nr Bib | Nazwisko i imię Name | R-k YoB | W kategorii in Age | Grupy Group | Sex | Wynik Time | Wynik Netto [km/h] | 2,5km 12,5km | Check points 5km 15km | 7,5km | 10km |
|-------------------------|-------------------|---------------------------------|--------------------|-------------------------------|------------------------|------------|-----------------------|-------------------------------|-------------------------|--------------------------------------|-----------------------|-------------|
| 87 | 263 | IDZIKOWSKA MARZENA | 68 | K40/13 | | (K)55 | 00:45:00 | 00:45:00 | 6.67 | 00:23:03 / 82 [6.51] | 00:45:00 / 87 [6.67] | |
| 88 | 216 | ZEMLIK EWELINA | 95 | JU_K/6 | | (K)56 | 00:45:14 | 00:44:57 | 6.67 | 00:22:48 / 75 [6.58] | 00:45:14 / 88 [6.63] | |
| 89 | 1 | ZMARZLIK KAROLINA | 97 | DZI/23 | | (K)57 | 00:45:31 | 00:45:17 | 6.62 | 00:23:13 / 87 [6.46] | 00:45:31 / 89 [6.59] | |
| 90 | 11 | KĄDZIOLKA KLAUDIA | 99 | DZI/24 | | (K)58 | 00:45:39 | 00:45:13 | 6.63 | 00:23:12 / 86 [6.47] | 00:45:39 / 90 [6.57] | |
| 91 | 6 | MAZUREK ADRIANNA | 99 | DZI/25 | | (K)59 | 00:45:42 | 00:45:16 | 6.63 | 00:24:01 / 94 [6.25] | 00:45:42 / 91 [6.56] | |
| 92 | 12 | KRYCKA KAROLINA | 99 | DZI/26 | | (K)60 | 00:45:57 | 00:45:31 | 6.59 | 00:23:12 / 85 [6.47] | 00:45:57 / 92 [6.53] | |
| 93 | 212 | IHDE JULIA | 95 | JU_K/7 | | (K)61 | 00:46:09 | 00:45:53 | 6.54 | 00:23:16 / 88 [6.45] | 00:46:09 / 93 [6.50] | |
| 94 | 292 | SMOŁA KLAUDIA | 98 | DZI/27 | | (K)62 | 00:46:17 | 00:45:52 | 6.54 | 00:23:04 / 83 [6.50] | 00:46:17 / 94 [6.48] | |
| 95 | 294 | KĘDZIERSKA NATALIA | 87 | SE_K/2 | | (K)63 | 00:46:33 | 00:46:09 | 6.50 | 00:24:30 / 101 [6.12] | 00:46:33 / 95 [6.44] | |
| 96 | 46 | CHRÓST MARCIN | 85 | SE_M/6 | | (M)33 | 00:46:34 | 00:46:28 | 6.46 | 00:24:23 / 98 [6.15] | 00:46:34 / 96 [6.44] | |
| 97 | 60 | WIRKOWSKA HALINA | 49 | K60/3 | | (K)64 | 00:46:36 | 00:46:14 | 6.49 | 00:24:32 / 103 [6.11] | 00:46:36 / 97 [6.44] | |
| 98 | 54 | TOPOLSKA JANINA | 50 | K60/4 | | (K)65 | 00:46:53 | 00:46:31 | 6.45 | 00:24:31 / 102 [6.12] | 00:46:53 / 98 [6.40] | |
| 99 | 287 | JANUSZKE MIROSLAWA | 52 | K50/5 | | (K)66 | 00:46:54 | 00:46:35 | 6.44 | 00:24:16 / 96 [6.18] | 00:46:54 / 99 [6.40] | |
| 100 | 288 | JOBKE KRYSZYNA | 50 | K60/5 | | (K)67 | 00:46:54 | 00:46:35 | 6.44 | 00:24:16 / 97 [6.18] | 00:46:54 / 100 [6.40] | |
| 101 | 59 | BEDNARCZYK EWA | 50 | K60/6 | | (K)68 | 00:47:16 | 00:46:53 | 6.40 | 00:24:33 / 104 [6.11] | 00:47:16 / 101 [6.35] | |
| 102 | 55 | TOPOLSKI ANDRZEJ | 48 | M60/2 | | (M)34 | 00:47:17 | 00:47:07 | 6.37 | 00:24:34 / 105 [6.11] | 00:47:17 / 102 [6.34] | |
| 103 | 2 | ZDUNOWSKA PAULINA | 97 | DZI/28 | | (K)69 | 00:47:29 | 00:47:15 | 6.35 | 00:24:08 / 95 [6.22] | 00:47:29 / 103 [6.32] | |
| 104 | 24 | MOTUCKA MARTA | 97 | DZI/29 | | (K)70 | 00:47:37 | 00:47:26 | 6.32 | 00:23:38 / 92 [6.35] | 00:47:37 / 104 [6.30] | |
| 105 | 245 | GAJDZIŃSKI MACIEJ | 99 | CHL/15 | | (M)35 | 00:47:49 | 00:47:38 | 6.30 | 00:24:51 / 107 [6.04] | 00:47:49 / 105 [6.27] | |
| 106 | 36 | BEDNAREK MARTA | 88 | SE_K/3 | | (K)71 | 00:48:00 | 00:47:46 | 6.28 | 00:25:19 / 112 [5.92] | 00:48:00 / 106 [6.25] | |
| 107 | 35 | BEDNAREK ZOFIA | 63 | K40/14 | | (K)72 | 00:48:01 | 00:47:48 | 6.28 | 00:25:17 / 110 [5.93] | 00:48:01 / 107 [6.25] | |
| 108 | 5 | ŁUCYK JULIA | 99 | DZI/30 | | (K)73 | 00:48:21 | 00:47:54 | 6.26 | 00:25:15 / 109 [5.94] | 00:48:21 / 108 [6.20] | |
| 109 | 213 | KALIWOSZKA KAROLINA | 95 | JU_K/8 | | (K)74 | 00:48:28 | 00:48:10 | 6.23 | 00:24:42 / 106 [6.07] | 00:48:28 / 109 [6.19] | |

| Miejsce Rank | Nr Bib | Nazwisko i imię Name | R-k YoB | W kategorii in Age | Grupy Group | Sex | Wynik Time | Wynik Netto [km/h] | 2,5km 12,5km | Check points 5km 15km | 7,5km | 10km |
|-------------------------|-------------------|---------------------------------|--------------------|-------------------------------|------------------------|------------|-----------------------|-------------------------------|-------------------------|--------------------------------------|-----------------------|-------------|
| 110 | 243 | ŁODYGOWSKI PAWEŁ | 01 | CHL/16 | | (M)36 | 00:48:42 | 00:48:35 | 6.17 | 00:24:00 / 93 [6.25] | 00:48:42 / 110 [6.16] | |
| 111 | 219 | KYC PAMELA | 95 | JU_K/9 | | (K)75 | 00:49:10 | 00:48:53 | 6.14 | 00:24:25 / 100 [6.14] | 00:49:10 / 111 [6.10] | |
| 112 | 214 | ROZBEJKO KLAUDIA | 95 | JU_K/10 | | (K)76 | 00:49:11 | 00:48:54 | 6.13 | 00:24:25 / 99 [6.14] | 00:49:11 / 112 [6.10] | |
| 113 | 257 | TRACZ HENRYKA | 54 | K50/6 | | (K)77 | 00:49:13 | 00:48:50 | 6.14 | 00:26:33 / 117 [5.65] | 00:49:13 / 113 [6.10] | |
| 114 | 255 | SZLACHETKA ZOFIA | 49 | K60/7 | | (K)78 | 00:49:14 | 00:48:51 | 6.14 | 00:26:40 / 119 [5.63] | 00:49:14 / 114 [6.09] | |
| 115 | 208 | SENIUK KAROLINA | 99 | DZI/31 | | (K)79 | 00:49:15 | 00:48:51 | 6.14 | 00:25:13 / 108 [5.95] | 00:49:15 / 115 [6.09] | |
| 116 | 18 | TRZUSKOWSKA KAROLINA | 99 | DZI/32 | | (K)80 | 00:49:21 | 00:48:56 | 6.13 | 00:25:18 / 111 [5.93] | 00:49:21 / 116 [6.08] | |
| 117 | 62 | NOWAK ZUZANNA | 58 | K50/7 | | (K)81 | 00:50:20 | 00:49:56 | 6.01 | 00:27:02 / 122 [5.55] | 00:50:20 / 117 [5.96] | |
| 118 | 53 | MATUSZAK KRYSZYNA | 50 | K60/8 | | (K)82 | 00:50:38 | 00:50:16 | 5.97 | 00:26:13 / 115 [5.72] | 00:50:38 / 118 [5.92] | |
| 119 | 58 | ŚCIBORSKA WIESŁAWA | 53 | K50/8 | | (K)83 | 00:50:39 | 00:50:16 | 5.97 | 00:27:09 / 124 [5.52] | 00:50:39 / 119 [5.92] | |
| 120 | 218 | DZIEWULSKA KLAUDIA | 95 | JU_K/11 | | (K)84 | 00:51:16 | 00:51:00 | 5.88 | 00:25:37 / 113 [5.86] | 00:51:16 / 120 [5.85] | |
| 121 | 217 | KOSYL DOMINKA | 95 | JU_K/12 | | (K)85 | 00:51:17 | 00:51:01 | 5.88 | 00:25:38 / 114 [5.85] | 00:51:17 / 121 [5.85] | |
| 122 | 64 | DIAKÓW MARIA | 51 | K50/9 | | (K)86 | 00:52:07 | 00:51:35 | 5.82 | 00:27:49 / 128 [5.39] | 00:52:07 / 122 [5.76] | |
| 123 | 65 | NOWAK HENRYK | 43 | M60/3 | | (M)37 | 00:52:07 | 00:51:35 | 5.82 | 00:27:49 / 127 [5.39] | 00:52:07 / 123 [5.76] | |
| 124 | 281 | SIEMIANOWSKA MIROŚŁAWA | 67 | K40/15 | | (K)87 | 00:52:16 | 00:52:06 | 5.76 | 00:26:48 / 120 [5.60] | 00:52:16 / 124 [5.74] | |
| 125 | 258 | WDOWIAK KRYSZYNA | 61 | K40/16 | | (K)88 | 00:52:21 | 00:51:58 | 5.77 | 00:26:49 / 121 [5.59] | 00:52:21 / 125 [5.73] | |
| 126 | 38 | CHOCHOŁOWSKA NATALIA | 01 | DZI/33 | | (K)89 | 00:52:32 | 00:52:14 | 5.74 | 00:26:32 / 116 [5.65] | 00:52:32 / 126 [5.71] | |
| 127 | 37 | KRASKA ELŻBIETA | 56 | K50/10 | | (K)90 | 00:52:35 | 00:52:17 | 5.74 | 00:26:33 / 118 [5.65] | 00:52:35 / 127 [5.71] | |
| 128 | 253 | MOTYLEWICZ ALEKSANDRA | 99 | DZI/34 | | (K)91 | 00:53:10 | 00:52:45 | 5.69 | 00:27:06 / 123 [5.54] | 00:53:10 / 128 [5.64] | |
| 129 | 267 | BORYSEWSKA NIKOLA | 99 | DZI/35 | | (K)92 | 00:53:10 | 00:52:45 | 5.69 | 00:27:09 / 125 [5.52] | 00:53:10 / 129 [5.64] | |
| 130 | 56 | TOPOLSKA ANNA | 81 | SE_K/4 | | (K)93 | 00:53:12 | 00:52:50 | 5.68 | 00:28:51 / 130 [5.20] | 00:53:12 / 130 [5.64] | |
| 131 | 57 | TOPOLSKI JACEK | 76 | M30/4 | | (M)38 | 00:53:13 | 00:53:06 | 5.65 | 00:28:51 / 131 [5.20] | 00:53:13 / 131 [5.64] | |
| 132 | 299 | SZAŁKOWSKI KAMIL | 99 | CHL/17 | | (M)39 | 00:53:36 | 00:53:25 | 5.62 | 00:27:38 / 126 [5.43] | 00:53:36 / 132 [5.60] | |

| Miejsce Rank | Nr Bib | Nazwisko i imię Name | R-k YoB | W kategorii in Age | Grupy Group | Sex | Wynik Time | Wynik Netto [km/h] | 2,5km 12,5km | Check points 5km 15km | 7,5km | 10km |
|-------------------------------|-------------------------|---------------------------------------|--------------------------|-------------------------------------|------------------------------|------------|-----------------------------|-------------------------------------|-------------------------------|--|-----------------------|-------------|
| 133 | 61 | WOLNA JANINA | 46 | K60/9 | | (K)94 | 00:54:37 | 00:54:13 | 5.53 | 00:28:13 / 129 [5.32] | 00:54:37 / 133 [5.49] | |
| 134 | 295 | CZERWIK MARIOLA | 60 | K50/11 | | (K)95 | 00:56:28 | 00:56:07 | 5.35 | 00:29:17 / 132 [5.12] | 00:56:28 / 134 [5.31] | |
| 135 | 296 | ULICZ MIROSLAWA | 58 | K50/12 | | (K)96 | 00:56:29 | 00:56:29 | 5.31 | 00:29:17 / 133 [5.12] | 00:56:29 / 135 [5.31] | |